You know your credit score. But do you know your heart score?

Heart CT Scans (also called Coronary Artery Calcium Scoring) help detect Coronary Artery Disease early, before a life-threatening emergency such as a stroke or a heart attack. It is a simple, non-invasive CT exam that evaluates the extent of calcified plaque buildup in the arteries of the heart.

Early detection of CAD can help reduce your chances of having a cardiac event by encouraging lifestyle changes or planning treatment options with your provider. The calcium score you’ll receive from EPIC Imaging is a quantitative evaluation of the hard plaque burden on your heart. The higher the score, the higher the risk of a future cardiac event.

WHO SHOULD HAVE A HEART CT SCAN?
The exam may be useful for women 45–70 years old and men 40–70 years old with any of these risk factors:

- Family history of heart disease
- Smoking
- High cholesterol
- Diabetes
- High blood pressure
- Excess weight

If you are experiencing heart symptoms or have a history of coronary artery disease, you should not have this exam. Talk to your provider about your options.

HOW DO I PREPARE FOR THE SCAN?
No caffeine or stimulants (including decaf coffee, energy drinks or chocolate) for 48 hours and no smoking 24 hours before your appointment. From start to finish, the entire exam takes less than 30 minutes.

HOW DO I GET MY RESULTS?
Approximately one week following your exam, your provider will receive a report with your calcium score. You may also access the report on the patient portal, myEPICexam.com. If your report warrants follow up, your provider will be able to use the information to determine a treatment plan that’s right for you.

This exam requires a medical providers’ referral and is usually not covered by insurance. The cost is $150, paid for at the time of service. Ask for a current price quote at the time of scheduling.

CALL 503.253.1105 TO SCHEDULE AN APPOINTMENT

SERVICES AVAILABLE AT:

GATEWAY LOCATION
233 NE 102ND AVE.
PORTLAND, OR 97220

HALL/NIMBUS FACILITY
8950 SW NIMBUS AVE.
BEAVERTON, OR 97008

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In affiliation with CDI, a national provider network for medical imaging and related services.